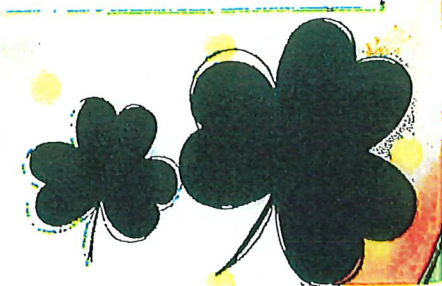


SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> 8BC - 8th Floor Sun Room Briar Creek CH - Carolina Hall C - Chapel 2nd Floor Club - Club Room 9th Floor CE - Creative Expressions Room 1st Floor	GR - Game Room - 2nd floor GE - Group Exercise Room 1st Floor Lobby - Lobby L - Lounge P - Pool PDR - Private Dining Room S - Salon				8:00 Food Drive (Lobby) <b>1</b> <b>9:15 Outing-Senior Scholars (Lobby)</b> 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:15 Yoga (GE) 1:30 Intro to Crocheting (CE) • 3:00 Shabbat Service (C) • 4:00 Live Music with John Lewis (Lobby)	8:00 Food Drive (Lobby) <b>2</b> 1:00 Mah Jongg (GR) 2:00 Ping Pong (GE) 6:30 Outing-Charlotte Symphony (Lobby) 7:00 Saturday Night • Movie: Barbie (CH)
8:00 Food Drive (Lobby) <b>3</b> 11:00 Mass with • Father Frank (CH) 2:00 Hand and Foot Card Game (GR) 5:00 Sunday Social (Club)	8:00 Food Drive (Lobby) <b>4</b> 10:00 Water Exercise (P) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:00 Mah Jongg (GR) 1:15 Yoga (GE) 3:00 Juice Jam (CH)	8:00 Food Drive (Lobby) <b>5</b> 9:00 H2O Power Intervals (P) <b>9:00 Bus To The Polls (Lobby)</b> 10:00 Line Dancing with Anna (GE) <b>10:00 Bus To The Polls (Lobby)</b> <b>10:30 Intro to Water Color (CE)</b> 10:50 Intermediate Balance (GE) <b>11:00 Bus To The Polls (Lobby)</b> • 11:00 Service with Pastor Robbie (8BC) 11:30 Beginner Balance (GE) <b>1:00 Shopping at Trader Joe's (Lobby)</b> 1:15 Deep Stretch (GE) <b>3:00 Beginner's Mah Jongg (GR)</b> 3:00 Poker (Club)	8:00 Food Drive (Lobby) <b>6</b> 8:15 Silver Gym (GE) 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Open Gym (Fitness Center) 1:00 Canasta (C) 1:00 Intermediate Bridge (GR) 3:00 Audiologist Presentation (CH) 4:00 Mat Yoga with Sri (GE)	8:00 Food Drive (Lobby) <b>7</b> 9:00 H2O Power Intervals (P) 10:00 Tai Chi (GE) 10:00 Beginner's Spanish 101 (Club) 10:50 Intermediate Balance (GE) 11:30 Beginner Balance (GE) <b>1:00 Outing: Come to Life Ballet (Lobby)</b> <b>1:00 Shopping at Harris Teeter (Lobby)</b> 1:00 Mah Jongg (GR) 1:15 Deep Stretch (GE) 3:00 Silver Gym (GE) 7:00 Hand and Foot Card Game (GR)	8:00 Food Drive (Lobby) <b>8</b> <b>9:15 Outing-Senior Scholars (Lobby)</b> 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:15 Yoga (GE) 1:30 Intro to Crocheting (CE) 2:00 9 to 5 Documentary (CH)	8:00 Food Drive (Lobby) <b>9</b> 1:00 Mah Jongg (GR) 2:00 Ping Pong (GE) 7:00 Saturday Night • Movie: Past Lives (CH)
Beginning of Ramadan Daylight Savings Time Begins 8:00 Food Drive (Lobby) 11:00 Mass with • Father Frank (CH) 2:00 Hand and Foot Card Game (GR) 2:00 Book Club (PDR) <b>10</b>	10:00 Water Exercise (P) <b>11</b> 10:30 Building & Grounds Committee Meeting (PDR) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:00 Mah Jongg (GR) 1:15 Yoga (GE) 2:00 LEW Committee Meeting (Club)	9:00 H2O Power Intervals (P) <b>12</b> 10:00 Line Dancing with Anna & Yesenia (GE) <b>10:00 Audiologist Screening (Club)</b> 10:50 Intermediate Balance (GE) • 11:00 Service with Pastor Robbie (8BC) 11:30 Beginner Balance (GE) <b>1:00 Shopping at Walmart Supercenter (Lobby)</b> 1:15 Deep Stretch (GE) 3:00 Technology 101: Smartphone Camera Usage Beyond Pictures (CE) <b>3:00 Beginner's Mah Jongg (GR)</b> 3:00 Poker (Club) 3:30 Technology Help (CE) <b>6:00 Outing to Charlotte Checker's Hockey Game (Lobby)</b>	8:15 Silver Gym (GE) <b>13</b> 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Open Gym (Fitness Center) 1:00 Canasta (C) 1:00 Intermediate Bridge (GR) 2:00 Food & Beverage Committee Meeting (PDR) 4:00 Celtic Music in the Lounge (L) 4:00 Mat Yoga with Sri (GE)	9:00 H2O Power Intervals (P) <b>14</b> 9:00 Men's Breakfast Club (GR) 10:00 Tai Chi (GE) 10:00 Beginner's Spanish 101 (Club) 10:50 Intermediate Balance (GE) 11:30 Beginner Balance (GE) <b>1:00 Shopping at Harris Teeter (Lobby)</b> 1:00 Mah Jongg (GR) 1:15 Deep Stretch (GE) 3:00 Silver Gym (GE) 4:00 Bible Study With June Davies (C) 7:00 Hand and Foot Card Game (GR)	<b>9:15 Outing-Senior Scholars (Lobby)</b> <b>15</b> 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:15 Yoga (GE) 1:30 Intro to Crocheting (CE) • 3:00 Shabbat Service (C) 5:00 Irish Dancers (Lobby)	1:00 Mah Jongg (GR) <b>16</b> 2:00 Ping Pong (GE) 7:00 Saturday Night • Movie: The Holdovers (CH)

March 2024

Yesenia Velasquez, Life Enrichment Director (910-512-3596)





SUN	MON	TUE	WED	THUR	FRI	SAT
<b>St. Patrick's Day</b> 11:00 Mass with • Father Frank (CH) 2:00 Hand and Foot Card Game (GR)	<b>17</b> 10:00 Water Exercise (P) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) <b>12:45 Catawba            Cultural Center            Tour (Lobby)</b> 1:00 Beginner's Bridge (C) 1:00 Mah Jongg (GR) 1:15 Yoga (GE) 3:00 Barclay Resident Orientation	<b>18</b> 9:00 H2O Power Intervals (P) <b>10:00 Hearing Aide Clinic            (Club)</b> 10:00 Line Dancing with Anna & Yesenia (GE) <b>10:30 Intro to Water Color (CE)</b> 10:50 Intermediate Balance (GE) 11:00 Service with Pastor Robbie (8BC) 11:30 Beginner Balance (GE) 1:00 BRAC Meeting (PDR) <b>1:00 Shopping at The Fresh            Market (Lobby)</b> 1:15 Deep Stretch (GE) 3:00 Technology 101: Iwatch (CE) <b>3:00 Beginner's Mah Jongg (GR)</b> 3:00 Poker (Club) 3:30 Technology Help (CE) <b>4:00 Hamentaschen Baking Class            (Club)</b>	<b>19</b> 8:15 Silver Gym (GE) 10:00 Water Exercise (P) <b>10:00 Meet and Greet            (GR)</b> 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Open Gym (Fitness Center) 1:00 Canasta (C) 1:00 Intermediate Bridge (GR) 4:00 Mat Yoga with Sri (GE)	<b>20</b> <b>9:00 Dermatology Visit            (S)</b> 9:00 H2O Power Intervals (P) 10:00 Tai Chi (GE) 10:00 Beginner's Spanish 101 (Club) 10:50 Intermediate Balance (GE) 11:30 Beginner Balance (GE) <b>1:00 Shopping at Harris            Teeter (Lobby)</b> 1:00 Mah Jongg (GR) 1:15 Deep Stretch (GE) 3:00 Silver Gym (GE) 7:00 Hand and Foot Card Game (GR) 7:00 UNCC Speaker Series: Gun Violence in Schools (CH)	<b>21</b> <b>9:15 Outing-Senior            Scholars (Lobby)</b> 10:00 Water Exercise (P) <b>10:30 Outing: Purim            Celebration Luncheon            (Lobby)</b> 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:15 Yoga (GE) 1:30 Intro to Crocheting (CE) 3:00 March Birthday & Music Bingo (CH)	<b>22</b> 1:00 Mah Jongg (GR) 2:00 Ping Pong (GE) 6:30 Outing-Charlotte Symphony (Lobby) 7:00 Saturday Night • Movie: The Wonderful Story of Henry Sugar (CH)
<b>Palm Sunday</b> 11:00 Mass with • Father Frank (CH) 2:00 Hand and Foot Card Game (GR)	<b>24</b> 10:00 Water Exercise (P) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:00 Mah Jongg (GR) 1:15 Yoga (GE)	<b>25</b> 9:00 H2O Power Intervals (P) 10:00 Line Dancing with Anna & Yesenia (GE) 10:50 Intermediate Balance (GE) 11:00 Service with Pastor Robbie (8BC) 11:30 Beginner Balance (GE) <b>1:00 Shopping at Target, Dollar            Tree &amp; JOANN Fabric and            Crafts (Lobby)</b> 1:15 Deep Stretch (GE) 3:00 Technology 101: Emojis, GIFs, and More! (CE) <b>3:00 Beginner's Mah Jongg            (GR)</b> 3:00 Poker (Club) 3:30 Technology Help (CE) <b>5:15 Dinner Out to Bricktop's            Restaurant (Lobby)</b>	<b>26</b> 8:15 Silver Gym (GE) 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Canasta (C) 1:00 Intermediate Bridge (GR) 2:00 Camera Club (CE) 4:00 Live Music with Bill Calisanti (CH) 4:00 Mat Yoga with Sri (GE)	<b>27</b> 9:00 H2O Power Intervals (P) 10:00 Tai Chi (GE) 10:00 Beginner's Spanish 101 (Club) 10:50 Intermediate Balance (GE) 11:30 Beginner Balance (GE) <b>1:00 Shopping at Harris            Teeter (Lobby)</b> 1:00 Mah Jongg (GR) 1:15 Deep Stretch (GE) 3:00 Town Hall (CH) 4:00 Bible Study With June • Davies (C) 7:00 Hand and Foot Card Game (Chapel - 2nd floor) 7:00 Game Night (GR)	<b>28</b> <b>Good Friday</b> <b>9:15 Outing-Senior            Scholars (Lobby)</b> 10:00 Water Exercise (P) 10:30 Knitting Club (CE) 10:50 Sit n' Fit PLUS (GE) 11:30 Sit n' Fit (GE) 1:00 Beginner's Bridge (C) 1:15 Yoga (GE) 1:30 Intro to Crocheting (CE) 3:30 Bunny Bait Trail Mix (Lobby)	<b>29</b> 1:00 Mah Jongg (GR) 2:00 Ping Pong (GE) 7:00 Saturday Night • Movie: Nyad (CH)
<b>Easter</b> 11:00 Mass with • Father Frank (CH) 2:00 Hand and Foot Card Game (GR)	<b>31</b> Any event/outing in bold black print requires a sign up in the activities' binder.  • Anything with a green dot=Briar Creek Residents are welcome.					

March 2024

Yesenia Velasquez, Life Enrichment Director (910-512-3596)

